



# SHRIMAD RAJCHANDRA HOSPITAL



Representational Image

A new 250-bed multi-speciality charity hospital in South Gujarat

An Initiative of



SHRIMAD RAJCHANDRA  
Love and Care



## SHRIMAD RAJCHANDRA Love and Care

### About Us

Inspired by Shrimad Rajchandraji and guided by Pujya Gurudevshri Rakeshbhai, our holistic and multi-pronged community support and development 10 Care Programme is powered by genuine empathy, love and care of highly motivated volunteers delivering high quality, charitable sustainable initiatives for the welfare of mankind, animals and the environment.

The Programme is spread across 50 cities worldwide and has touched over 35 Lakh lives, with the primary focus being on one of the poorest rural areas of South Gujarat.

### A UNIQUE 10 FOLD BENEVOLENT PROGRAMME



01. HEALTH CARE



02. EDUCATIONAL CARE



03. CHILD CARE



04. WOMAN CARE



## SHRIMAD RAJCHANDRA Love and Care



05. TRIBAL CARE



06. COMMUNITY CARE



07. HUMANITARIAN CARE



08. ANIMAL CARE



09. ENVIRONMENTAL CARE



10. EMERGENCY RELIEF CARE

## Health Care Programme

A plaguing concern in rural India is providing affordable healthcare solutions to the masses, especially in remote areas. The tribal population of the Valsad district ranks amongst the most underprivileged in the state of Gujarat, grappling with issues like poverty, malnutrition, illiteracy and lack of awareness of basic health-related issues. These factors lead to premature deliveries, physical and mental disabilities, vulnerability to diseases and illnesses and other problems.

Keeping these factors in mind, through a variety of initiatives, Shrimad Rajchandra Love and Care's (SRLC) comprehensive Health Care Programme has been providing holistic quality medical care at highly subsidised rates or completely free-of-charge.



# SHRIMAD RAJCHANDRA HOSPITAL

## Existing Facilities

Shrimad Rajchandra Hospital (SRH) offers a wide range of services and medical technology rarely available in rural hospitals. The hospital has 75 beds and provides the following departments and services:

- Neonatal Intensive Care Unit • Intensive Care Unit • Obstetrics and Gynaecology • Paediatrics and Neonatology • General Surgery • Endoscopy and Laparoscopy • Medicine • Orthopaedics
- Paediatric Orthopaedics • Urology • Dermatology • Radiology and Ultrasonography
- Echocardiography (2-D Echo) and Colour Doppler • Pathology • Dentistry • Physiotherapy (Paediatric and Adult) • 24-hour Emergency Services with Casualty Section and Emergency operation theatre • Blood Storage Unit • 24-hour Cardiac Ambulance Service • Medical Store
- Highly developed Outreach Programme

A majority of the patients admitted in SRH are women and children. Most of the women examined by or visiting SRH for delivery weigh only 35 to 40 kg, suffer from acute malnutrition and are severely anaemic with abnormally low haemoglobin levels. Quite often, the expectant mothers are hardly 18 to 20 years old. As a result, most of the babies born are premature, of low birth weight and need very special care – a situation which is most alarming!

1,25,000 patients are treated annually  
by Shrimad Rajchandra Hospital



## Shrimad Rajchandra Neonatal Intensive Care Unit (NICU)

The NICU is a key department of the Hospital and one of the most advanced in the Valsad District. Staffed by qualified, well-trained, dedicated specialists, it fulfils a most important need of the area, providing round-the-clock care for babies born sick, premature or with low birth weight, and playing a significant role in reducing neonatal deaths.

Annually, over 700 new-born babies are treated in the NICU, of which 25% are literally cases of life and death.



Every year, the NICU treats over **175 life and death cases**





The DEIC is recognised by the Government of Gujarat as a 'Model District Early Intervention Centre' and is the **first such centre in Gujarat**

# Shrimad Rajchandra District Early Intervention Centre (DEIC)

Most infants, born prematurely or with low birth weight, are at a high risk of developing serious complications such as cerebral palsy, blindness, hearing loss and physical, cognitive and neuro-motor disabilities. The DEIC detects complications in these babies and provides specialised treatments that reduce chances of long-term complications.

Early intervention is the key to minimise the long-term effects of these complications. The Centre provides highly specialised paediatric consultations and interventions for orthopaedics, neurology, ophthalmology, surgery, physiotherapy, audiometry, speech-language pathology, special education, dentistry, clinical psychology, vision therapy and vision stimulation therapy.

This is the first such centre in Gujarat, recognized by the Government of Gujarat as a 'Model District Early Intervention Centre' for the treatment of babies and for the training of the staff of similar government centres.



## Shrimad Rajchandra Child Malnutrition Treatment Centre (CMTC)

Due to acute malnourishment, children are prone to infections, which eventually leads to further malnutrition. CMTC aims to break this vicious cycle and lead children towards a healthier future.

The Centre provides children suffering from severe malnutrition with nutrition and essential supplements under direct medical supervision. Once they are out of the acute phase, the children are followed-up on systematically and periodically.



## Shrimad Rajchandra Viklang Centre (SRVC)

The SRVC provides holistic treatment and rehabilitation services for the physically and neurologically challenged, with an aim to make the entire Valsad District disability-free. SRVC's services and facilities include:

- Prosthetics and Orthotics (for Artificial Limbs and Appliances) • Physiotherapy
- Occupational Therapy • Residential Unit for long-term Physiotherapy for patients coming from distant villages.

The Centre regularly conducts camps to provide rehabilitation appliances like artificial legs, wheelchairs, tricycles, tripods, walking sticks, walkers and crutches to those who need physical rehabilitation and corrective action for deformities.



**7,000 patients** are treated annually at the Viklang Centre





## Shrimad Rajchandra Mobile Medical Care

This medical outreach programme has been a lifeline for the severely impoverished and underprivileged tribal population of South Gujarat. The programme has been successfully running for the last 13 years and provides high quality, comprehensive healthcare services completely free-of-cost directly to the doorsteps of people living in remote areas.

Through this initiative, two vehicles - each comprising a team of one senior qualified doctor, two paramedics and equipped with essential medicines - cover more than 65 centres each week.

Those who require further diagnosis and treatment are referred to our Shrimad Rajchandra Hospital.



**Over 80,000 lives** are touched annually through the medical outreach programme



# Case Studies



Shrimad Rajchandra Child Malnutrition Centre revitalises an infant's life



Shrimad Rajchandra Hospital provides a new lease of life to a cancer-affected patient

## RAJESH

Rajesh, a seven month old infant from a village near Dharampur, had developed severe problems due to malnutrition. Unlike average infants of his age who normally weigh 5 kgs, Rajesh weighed only 1.7 kgs and displayed symptoms of neurodevelopmental delay. He suffered from mild hydrocephalus, a condition where one has an abnormally large-sized head. Since he was severely anaemic and unable to take oral feeds, he was initiated on injectable antibiotics, intravenous fluids and a blood transfusion at the Shrimad Rajchandra Child Malnutrition Treatment Centre. A highly-skilled team of specialists, including a paediatrician, physiotherapist and paediatric neurologist, monitored Rajesh's recovery. After 45 days in critical care, Rajesh's weight increased to 2.9 kgs and he was able to achieve crucial neurological milestones, including developing a social smile and partial neck holding. Rajesh was discharged as a healthy infant and provided with a developmental plan to support his growth.

## KAMALBHAI

The story of Kamalbai Dhangar of Panchavera village, Kaprada Taluka, is one of hope and gracious recovery. Kamalbai had persistent complaints of abdominal pain and a decreased appetite. He got admitted into SRH where doctors conducted an abdominal ultrasound examination that showed thickening of lower part of stomach and duodenum. A Gastrointestinal Endoscopy was performed which showed an ulcerative tumour of stomach, suggestive of cancer. Based on the endoscopic findings and a clinical picture of the patient, a critical and highly sophisticated Subtotal Gastrectomy surgery was performed in which the tumour was removed. The supra-major surgery lasted for four hours and the patient was shifted to surgical ICU for post-operative care. SRH was yet again instrumental in saving another valuable life which would have otherwise succumbed to cancer.

# Case Studies



Rare surgery performed successfully at Shrimad Rajchandra Hospital



Shrimad Rajchandra Hospital solves a complicated pregnancy case

## MINAXIBEN & BABY

Minaxiben Patel, a resident of Dadri Faliya in Dharampur Taluka, was admitted to SRH for a Caesarean section and delivered a baby girl. However, the baby had a large growth on the back, diagnosed as Sacroccygeal teratoma - a tumour at the base of the tailbone - a case found in one out of 35,000 babies. Surgeons at SRH conducted a surgery on the two-day-old baby and successfully removed the tumour and took special care of the little one in the NICU. The baby is now healthy.

## BIJALIBEN & BABY

Bijaliben Dalvi, an expectant mother, was bitten by a Russell's viper, one of the world's most venomous snakes. The timely administering of an antidote saved Bijaliben's life, but led to complications for her unborn baby. The next day itself, her infant was prematurely delivered with an extremely low birth weight of only 1.75 kgs! When the baby did not start breathing with a first cry, the baby girl was rushed to the NICU at Shrimad Rajchandra Hospital. The parents, fearing their inability to cover any hospital bills, were relieved when the hospital readily agreed to provide treatment absolutely free. The baby was diagnosed with venom toxicity and immediately given an anti-venom injection. The child was kept at the NICU for a period of 26 days. On discharge, the baby was in good health, ready to begin the journey of life.

## Critical Need For A New Facility

Although the existing SRH facility continues to provide the best healthcare services, the number of patients is continuously growing and the hospital constantly struggles to treat more patients than for which the infrastructure was designed.

**The bed occupancy rate is consistently at 130-140% of the current capacity in the In-Patient Department. Although the Neonatal Intensive Care Unit has 9 Intensive care beds, there are on an average 12 babies undergoing treatment at any point of time.**

The situation becomes critical with more and more patients being referred to the hospital!





New Hospital will include 250-beds with modern equipments

## Expanding the Scope of Health Care

It has become imperative to expand the scope of healthcare services and related infrastructure in view of the needs of the local population. A bigger, modern and technologically-advanced hospital is the need of the poor tribal belt of Southern Gujarat.

The new hospital will have 250-beds and will include state-of-the-art facilities.

- A Greenfield Project
- Designed to meet NABH standards
- More than 200,000 square feet of built-up area
- Designed for 850 square feet per bed per patient
- Expected to treat, annually, 95,000 patients in the In-Patient and Out-Patient Departments and another 150,000 through the Outreach Programme



Operation Theatre



CT Scan



Intensive Care Unit



Ward

## New Hospital Facilities and Site Map

Shrimad Rajchandra Hospital will offer the following facilities:

- Emergency Care Services • In-Patient Department • Out-Patient Department
- Radiology, including CT scan • Dialysis Units • Surgical Suite • Intensive Care Unit
- Modern Pathological Laboratory • Maternity Services • Neonatal Intensive Care Unit
- Paediatric Intensive Care Unit • District Early Intervention Centre • Child Malnutrition Treatment Centre • Viklang Centre • Physiotherapy • Pharmacy • Cardiac Ambulance
- Dental Van • Naturopathy Centre

The new hospital is located on 8 acres, with a provision for future expansion to accommodate additional services. A 'Master Plan' is currently under development that will allow the proposed establishment to expand with relative ease.



## Awards and Accolades

### Spirit of Humanity Award

Shrimad Rajchandra Love and Care (SRLC) was awarded the Winner, Western Region, for its contribution in the field of Health Care at the 8<sup>th</sup> Spirit of Humanity Awards in 2017. The Spirit of Humanity Awards are organised by Americares India, a health focussed relief and development organisation that saves lives and improves health for people affected by poverty or disaster.

### Medscape Award for Excellence in Rural Healthcare

As a mark of recognition for its significant contribution towards improving life for the underprivileged, Shrimad Rajchandra Hospital was conferred with an award for 'Excellence in Rural Health Care' at the 2013 Medscape India National Awards.

### First Referral Unit

The Government of Gujarat has recognised Shrimad Rajchandra Hospital as a First Referral Unit in the Valsad district. This status is granted to hospitals that are fully-equipped to provide round-the-clock services such as Emergency Obstetric Care, Newborn Care and Emergency Care.

### Model District Early Intervention Centre

The Government of Gujarat has acknowledged Shrimad Rajchandra District Early Intervention Centre as a 'Model District Early Intervention Centre'; the Centre now assists in staff training for other government-run Early Intervention Centres.



SRLC was awarded the Winner, Western Region, for its contribution in the field of Health Care at the 8<sup>th</sup> Spirit of Humanity Awards in 2017



SRLC receiving the Medscape India National Award



SRLC was conferred with the NGO of the year award at the India International CSR Conclave, 2017

# Testimonials



**Shri Vijaybhai Rupani**  
Honourable Chief Minister  
of Gujarat

"It is a matter of great pleasure that Pujya Gurudevshri Rakeshbhaiji is paying special attention to the areas of education and health. May this area (Dharampur) develop super speciality facilities, where treatment is available for all types of ailments. May the patients in this hospital receive a new lease of life and be helpful to society. These are my wishes."



**Professor Dr. Arun K. Singh**  
National Advisor, Rashtriya  
Bal Swastya Karyakram,  
Ministry of Health & Family  
Welfare, Government of  
India, on his visit to SRH

"Not only the medical services but also quality surgical services being offered to a one day old newborn is something which has to be seen to be believed. The dedication, discipline, devotion and empathy which your staff demonstrates and the selfless services offered to the most marginalised and vulnerable members of the society - without any economic returns or expectations - is something which needs to be emulated by other organisations. As a doctor, I must appreciate the holistic approach to all health problems under one roof at your hospital. As a part of the national initiative to focus beyond survival for a cognitive vibrant India, your hospital is quite ahead in this initiative. Your Early Intervention Centre is a milestone in this area."



**Dr. N.B. Dholakia**  
Additional Director – Health  
and Family Welfare,  
Government of Gujarat

"In the immensely inaccessible areas of Dharampur, Kaprada and Dang, the underprivileged are being offered healthcare services not only through Shrimad Rajchandra Hospital, but even through its outreach services. For this, the Gujarat Government is indebted to them. For improving the Human Development Index of the State, by providing these types of healthcare services to people from the remotest of areas, I am thankful to Shrimad Rajchandra Hospital."



**Amit Chandra**  
Non-executive director of  
Tata Sons and MD of  
Private Equity, Bain Capital  
on his visit to SRH in  
September 2017

"We observed that the hospital was bursting at the seams with patients - a great indication of its appeal and reputation in the community. My specialist doctor friends and I observed that patients with very complicated ailments were being treated there, and the doctors and staff were doing a really good job. In just a day we noted over 400 patients visiting the hospital in addition to the in-patients already admitted to the facility - remarkable number!"



# Letters of Appreciation



GOVERNMENT OF GUJARAT

**Dr. Jayanti S. Ravi, IAS**  
Commissioner & Principal Secretary (PH & FW)

Commissionerate of Health, Medical  
Services, Medical Education & Research  
5/1, Dr. Jivraj Mehta Bhavan,  
Gandhinagar - 382010

18/11/18

Dear *Shri Abhay Jasani,*

Shrimad Rajchandra Hospital has been working in close partnership with the Government of Gujarat for the last several years, with enrolment in various Government Schemes for promoting Critical Mother and Child Care.

Your focussed involvement has added synergy to our combined efforts and helped in reducing the mortality and morbidity of new-born babies, infants and mothers.

The Infant Mortality Rate for Gujarat, which currently stands at 30 (as per SRS 2017) is one of the best in our country.

We appreciate your organization's support which has been critical in this achievement. The Government of Gujarat is hopeful of continuing with this mutually rewarding association.

*Warm regards*

Yours sincerely,

*Jayanti S. Ravi*  
(Jayanti S. Ravi)

**Shri Abhay Jasani**  
President  
Shrimad Rajchandra Hospital,  
Dharampur.



April 20, 2017

Mr Abhay Jasani  
President  
Shrimad Rajchandra Hospital  
Dharampur 396 010,  
Valsad District, Gujarat,  
India

Dear Abhaybhai,

It was a pleasure for me to visit Dharampur again in January 2017 and spend three days with the staff at Shrimad Rajchandra Hospital (SRH), to review, first-hand the functioning of your Neonatal Intensive Care Unit (NICU). I was also glad to be able to visit an Outreach Medical Camp conducted by SRH. I had detailed discussions with the Pediatric, OB and administrative staff, joined rounds in the NICU, and brainstormed multiple ways in which care can be further improved.

The work that you are doing in the underprivileged tribal area of Dharampur is impressive and commendable, and is no doubt leading to improved morbidity and mortality of premature and low birth weight babies born to malnourished mothers.

I would be happy to continue to support your NICU staff through the dissemination of knowledge and information on state of the art techniques and practices as well as quality improvement initiatives to further reduce Neonatal and Infant Mortality Rates in the areas served by SRH and help in enhancing the neurodevelopmental outcome of fragile infants.

Sincerely,

*Nilima Ragavan*  
Nilima Ragavan, MD FAAP  
Medical Director, LPCH NICU at Sequoia  
Clinical Associate Professor, Department of Pediatrics,  
Stanford University School of Medicine.  
Attending Neonatologist, LPCH NICU  
NICU Rotation Director for Stanford Pediatric Residents  
nragavan@stanford.edu

# Health Care - A Holistic Approach

Shrimad Rajchandra Hospital's **Health Care 360°** is a holistic programme which endeavours to provide highest-quality healthcare for the community. The programme encompasses 8 steps:

1. A comprehensive **Health Awareness** Programme for the rural population, providing education on subjects such as nutrition, hygiene, safe motherhood, childcare and ways of ensuring preventive care
2. **In-Patient Department (IPD)** and **Out-Patient Department (OPD) Services** for treating medical and surgical conditions of patients
3. Ensuring **Safe Motherhood** for young women
4. A **Neonatal Intensive Care Unit**, playing a major role in saving the lives of prematurely-born infants and those with birth complications
5. A dedicated **Child Malnutrition Treatment Centre**, where children suffering from severe malnutrition are provided with correct nutrition and essential supplements
6. A **District Early Intervention Centre** to prevent any physical or neurological disability amongst children due to complications at birth
7. A child-friendly **Viklang Centre** for the Physically Challenged to treat cases of physical and neurological disability
8. A **Mobile Medical Care** Programme, reaching out to those who cannot reach SRH and provides quality healthcare at their doorsteps. The Mobile Dental Clinic screens and treats people in the remotest areas



*We seek your contributions towards the construction of this new hospital*



**Contributions qualify for CSR benefits and tax benefits under various sections**

**Contact:**  
**Dr. Bijal Mehta**  
+91 9819951135  
charity@srloveandcare.org

**Administrative office:**  
Shrimad Rajchandra Love and Care  
Bhupati Chambers, 3<sup>rd</sup> Floor,  
Plot No. 13, Mathew Road,  
Opera House, Mumbai - 400004, India.  
Tel: +91 22 40024477  
www.srloveandcare.org

